

## This Is A...

 **Step:** One - Get Connected!

 **Time:** 15 min

 **Space and materials:**

- A large room where all participants could stand in a circle;
- A set of different objects.

 **Description of the tool**

1. Introduce a set of 10-12 objects including a variety of stuff worn and used by the participants every day. The set might include: different pieces of clothing (T-shirt, jacket, trousers or skirt); different footwear (trainers, slippers); jewellery and accessories (watch, earrings); electronic devices or their parts (mobile, tablet); household items (kettle, dishes, cutlery).
2. Instruct the participants to stand in a circle and pass an object around the room. When someone passes the object, they say 'This is a... [name of the object]'. The person receiving it says, 'A what?' and the passer repeats, 'A... [name of the object]'. The receiver takes the object and says, 'Oh, this is a... [name of the object]'. The dialogue goes around the circle until everyone has had a chance to pass the object and comment.
3. Introduce a second object, followed by a third and a fourth. The aim is for the group to be passing and receiving objects at the same time so that a rhythm is created with people saying the words in the same tone and at the same time.
4. Ask the participants to discuss how the quality of our lives are dependent on stuff we use every day. Use the following questions:
  - Which of the objects are needed to make our lives better and easier?
  - Which of the objects, you think, are a luxury to have?
  - Which are the objects, you think, you could live without? Why?
  - Do all people in the world have equal access to stuff? Why?