What to Choose?

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Step: Four - Look for solutions!

Time: 30 min

Space and materials:

• Sticky colour papers.

Description of the tool

Sometimes it might be challenging to decide upon one action that the participants would like to do. This activity helps them to take a decision.

- 1. Ask the participants to brainstorm, while you make a list of all the possible ideas of actions around the topic of Moving that the group can come up with. It is better, if the list of ideas is big and easy to access.
- 2. Give each participant three stickers (you can cut small circles from tape or sticky papers). Each participant can individually vote for three ideas that resonate the most with them. Voting is proceeded by putting a sticker next to the idea.
- 3. The facilitator counts the votes and announces the three most popular ideas. Afterwards, each group chooses the idea they would like to work on (the participants should divide themselves into groups according to their preference) and can move to the concrete planning of their action.

Additional remarks

If the group of participants has done the previous activity (*Solutions Café*), you can skip the brainstorming and take the list of the activities that have already been generated there.